



## SHAPE: Heart

### **What drives my life:**

*The key is to discover the desires God has put in you. Listen for the yearnings of your heart and the passions that you have.*

- \* What do my dreams and desires drift toward? What motivates me to take action?

### **Who do I care about most:**

*God has placed people in your life who he wants you to help him reach. Who is God nudging you to help, and how could he use your particular gifts to reach them?*

- \* Who do I feel I can most profoundly influence for God?
- \* What age range do I feel led to minister to?
- \* What affinity group (e.g. young adults, parents, singles) do I feel led to serve?

### **What needs do I love to meet in another person's life:**

*Determine which needs you intend to meet in the lives of the people you care most about. You can't meet every need, so start by focusing on the needs that God and others have met in your own life. (Circle the top two needs you love meeting.)*

Spiritual Needs – Gifts of teaching, wisdom, evangelism, knowledge and prophecy frequently needed here.

Physical Needs – Gifts of giving, helps, healing, administration, hospitality, pastoring and mercy are most often used in this area.

Relational Needs – Gifts of encouragement, wisdom, hospitality, mercy, discernment and pastoring.

Emotional Needs – Gifts of encouragement, wisdom, hospitality, mercy, discernment and pasturing are helpful.

Educational Needs– Gifts of teaching, pastoring, knowledge and prophecy are frequently used.

Vocational Needs– Gifts of wisdom, leadership, teaching, encouragement and discernment are most frequently used.

**What cause do I feel God wants me to help conquer for him:**

\* What causes or issue makes my heart race? (Circle two or at most three.)

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|-----------------------------|--------------------------------|
| Abuse/violence              | Health and/or fitness          |
| Alcoholism                  | HIV/AIDS                       |
| At-risk children            | Homelessness                   |
| Compulsive behavior issues  | Marriage/family issues         |
| Disabilities and/or support | Poverty/hunger                 |
| Divorce                     | Parenting                      |
| Drug abuse/recovery         | Sanctity of Life               |
| Educational issues          | Sexuality and/or gender issues |
| Elder care                  | Spiritual apathy               |
| Environment                 | Work/Life balance              |
| Ethics                      | Other -                        |
| Financial Stewardship       |                                |

\* If time wasn't an issue, to what cause would I donate myself?

**What is my ultimate dream for God's Kingdom:**

*"Our goal here is to recover that adventure God wrote on your heart when he made you. Your deepest desires reveal your deepest calling." John Eldredge*

*Of course, not every dream you have in your heart reflects God's will for you. Romans 7-8 tells us that our desires are often counter to God's will for our lives. Sometimes a dream for personal comfort, success, and glory displace a passion for God's glory. So yes, dream big, but make sure your dreams align with God's Word and advance his purposes.*

\* What God-centered dreams can I identify that have been buried by life or neglected by life's business?

In reviewing my above answers, what is one action step I can take this week to grow in serving from my heart?

\*\*from S.H.A.P.E. by Erik Rees